

Met Sacramento High School

"One student at a time"

Shadow Day Schedule

The Met Sacramento is a **free, public** high school, located in Downtown Sacramento.

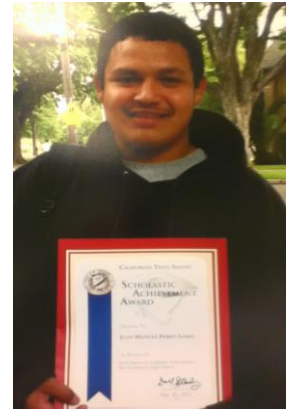
What makes us different? Highlights of the school:

- Internships and internship projects
- Project-Based Learning
- Advisory structure that promotes individualized instruction
- Innovative curriculum
- Real world, authentic curriculum
- College-going culture: Partnership with Sacramento City College
- Our school is part of a national network of similar schools, all founded by *Big Picture Learning*
- We are *Linked Learning* certified!



Some sample internships:

- UC Davis Arboretum
- Sacramento News and Review
- Stafford, King and Weiss Architects
- B Street Theater
- Law Office of R Andrew Murray



**Schedule a
Shadow Day!!
Wednesdays**
(9:45am - 2:00pm)

Oct 12th

November 9th

December 14th

January 11th

February 8th

March 8th

May 10th

STUDENTS @ 10A - 2P

PARENTS @ 12:45P - 2P

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